



## INSTRUCTIONS BEFORE EVLT/ VENASEAL

You are being scheduled for an **EVLT** (Endovenous Laser Treatment) to treat varicose veins on your leg/s.

**Varicose Veins** occur when the valves in our Saphenous veins fail, causing blood to flow backwards (reflux) down the leg. This causes abnormal pressure to build up in the veins (venous hypertension), which can result in serious medical problems such as dermatitis, phlebitis, skin discoloration, and blood clots.

Most individuals have a total of four saphenous veins in their legs: Right & Left Greater Saphenous Veins, and Right & Left Small Saphenous Veins.

Dr. Richter has determined that the following saphenous veins are abnormal in your legs and need to be treated:

**Right Great Saphenous      Right Small Saphenous      Left Great Saphenous      Left Small Saphenous**

Procedures needed:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

You must **bring the medication with you** to the office on the day of your procedure and it will be administered by our office staff after your consent for the procedure has been signed.

**DO NOT take the prescribed sedative before you arrive at our office for your EVLT procedure.**  
**You are allowed to continue to take all regularly prescribed medications.**

**Please make sure you stand or walk for 1 to 2 hours right before your EVLT procedure. This allows your veins to be dilated for the procedure. Do not consume Caffeine the morning of the procedure.**

**You must arrive 10 minutes before your scheduled appointment time to (1) allow for pre-procedural set up and (2) Allow your medication to take effect.**

**YOU MUST have someone drive you home after the procedure because the sedative will still be in your system.**

**YOU MUST either bring your own compression stockings to your appointment or be prepared to purchase them at the office before your procedure. Stockings must be THIGH HIGH, and 20/30 compression.**

You must schedule a one week follow up appointment after each EVLT. An ultrasound and sclerotherapy will usually be performed during this visit. There is no need to stand prior to the follow up appointment unless you are having another EVLT performed that day.

If you have any questions, please call the office @ (941) 907-3400. Dr. Richter is available after business hours on his cell phone (812) 236-9939.